

## Spotlight: Exploring "Guaranteed Income" programs

It's a groundbreaking concept: a "GUARANTEED INCOME."

The challenge of making ends meet in Marin County-- and across California-- is enormous. A guaranteed income can provide stability in the face of income inequality and an extreme cost of living.

"There are variations to the concept, but the main idea is to provide regular cash payments to low-income residents so they can afford a basic cost of living. The payments would be "unconditional," that is, not tied to work requirements and without restrictions on how the money may be spent.

Over two dozen cities across the country are currently planning or piloting guaranteed income programs, giving between \$500 to \$1,000 per month to designated recipients. Most of these programs are small and experimental. Some are targeted at low-income residents; others are tailored to families with children or pregnant women." READ MORE in the Marin Voice by First 5 Marin's executive director, Pegah Faed, [HERE](#).

JOIN US on **Thursday, January 21st** for a **Marin Communications Forum** to learn why public policy leaders across the country are supporting cash payments to children and families in need.

### INTRO REMARKS by:

- \* **Dr. Pegah Faed**, First 5 Marin
- \* **Johnathan Logan**, Marin Community Foundation
- \* **Anyania Muse**, County of Marin

**SPEAKERS will include:**

- \* **Mayor Libby Schaaf** - City of Oakland
- \* **Nika Soon-Shiong** - Compton Pledge
- \* **Sup. Matt Haney** - San Francisco
- \* **Jesus Gerena** - Family Independence Initiative
- \* **Natalie Foster** - Economic Security Project

Please email [Michelle@First5Marin.org](mailto:Michelle@First5Marin.org) to RSVP; you will receive a Zoom link after you register.

*This event is co-hosted by First 5 Marin, the County of Marin, and the Marin Community Foundation.*

**First 5 Marin's January Commission Meeting:  
Wednesday, January 20th at 5:30 pm. Please email  
[Michelle@First5Marin.org](mailto:Michelle@First5Marin.org) for the Zoom link.**

**February Forum:  
Program Launch:  
Help Me Grow Marin**



**Help Me  
Grow**  
MARIN COUNTY

The **Marin Communications Forum**, sponsored by First 5 Marin, invites you to join us for the long-awaited launch of "Help Me Grow Marin"-- a new program providing support for parents, healthcare providers and community service providers.

Help Me Grow Marin offers free and confidential professional support with information on child development, behavior, social-emotional and physical health PLUS referrals to services, treatment or helpful resources.

**JOIN US on February 25th** to learn how Help Me Grow Marin can help you, your co-workers and your community partners!

Visit the event page on Facebook [HERE](#) and email [Michelle@First5Marin.org](mailto:Michelle@First5Marin.org) to register.

## Follow First 5 Marin on Facebook!

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### **DESKTOP: What We're Reading**

Take a look at some of the articles about important issues related to children and families:



The Sacramento Bee:

[Parents could get expanded tax breaks for kids, daycare under Biden's COVID-19 relief plan](#)

New America:

[Universal Access to Pre-K Should Be Part of Our Economic Recovery](#)

The New York Times:

[Infections remain comparatively rare among children but are rising, the C.D.C. says.](#)

The New York Times:

[Children's Screen Time Has Soared in the Pandemic, Alarming Parents and Researchers](#)

NPR:

['I've Tried Everything': Pandemic Worsens Child Mental Health Crisis](#)

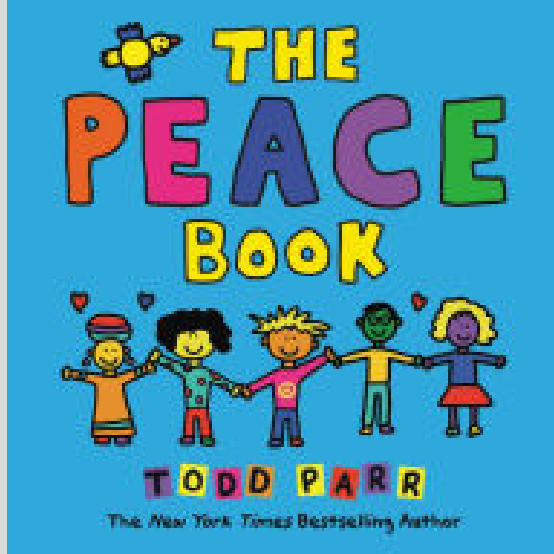
Forbes:

[For Some Kids, This Last Year Qualifies As An Adverse Childhood Experience \(ACE\)](#)

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**Just for Kids!**

**#TalkReadSing--  
It changes  
everything!**



*The Peace Book* delivers positive and hopeful messages of peace in an accessible, child-friendly format, featuring Todd Parr's trademark bold, bright colors and silly scenes. Perfect for the youngest readers, this book delivers a timely and timeless message about the importance of friendship, caring, and acceptance. READ & WATCH the story [here](#).