

Newsletter: August 2021



FIRST 5 MARIN

Learn. Grow. Thrive.

Spotlight: **Marin Communications Forums for Fall 2021**

We have been working hard on the **Marin Communications Forums** for this Fall-- and we have a solid set of agendas for you. Hope you can plan to join us-- and invite a co-worker, client or community partner.



Look for your [email invitation](#) to these free events:

SEPTEMBER:

Disaster Preparedness and Emergency Communications

Wednesday, September 23rd - 10 am to noon

OCTOBER:

Transitional Kindergarten

Thursday, October 14th - 4 to 5:30 pm

NOVEMBER:

Race Counts Marin - with the Advancement Project

10 am to noon

At this point, we are still planning on holding these events online; but we look forward to meeting in person in 2022! For more information about the forums, please email Michelle@First5Marin.org.

First 5 Marin's next Commission meeting: Wednesday, September 15th at 5:30 pm; we will be meeting in person for the first time in a year and a

half! Meet our newest commissioner,
Dr. Jessica Hollman, a pediatrician with
Marin Community Clinics.



Free PPE!

Community Partners!
First 5 Marin has received a shipment of gloves, spray disinfectant and CHILD-SIZED masks. We would love to share these with your organization. Best news-- **they are FREE!** Quantities are limited. Please email Michelle@First5Marin.org or call 415-257-8555.

DESKTOP: What We're Reading

Take a look at some of the recent articles about important issues related to children and families:

How California's new universal transitional kindergarten program will be rolled out - EdSource

Championed by Gov. Gavin Newsom and several lawmakers, the \$2.7 billion universal transitional kindergarten program will be gradually phased in over the next five years, until it includes all the state's 4-year-olds by the 2025-26 school year.

California launches free lunch program, largest in the US - Good Morning America

An unexpected budget surplus in the 2021-22 fiscal year acted as a catalyst to serve free lunches to 6.2 million public school students in California.

[NAEYC: Instead of Discipline, Use](#)



Guidance

We all know that we shouldn't punish young children when they exhibit challenging behaviors. The children in our preschool classrooms are just beginning to learn the complex skills of getting along with others. These are skills that we humans work on our entire lives. (Gartrell, 2021)

EdSource: More California schools adding yoga to school day

To help students relax, some California schools are adding something new — that's actually very old — to the daily routine: yoga. (Jones, 7/19/21)

Today: New fever guidelines for infants: What parents should know

A new set of guidelines will help doctors decide which babies will need to be hospitalized and get extensive testing and which will not.

Spectrum News 1: Doctors warn of families falling behind on routine vaccinations before school year begins

With back to school dates quickly approaching, doctors have said parents might want to double check with their pediatricians on which vaccines are needed for this coming school year.

New America: New Study Points to Early Childhood Mental Health Consultations As An Important Tool for Addressing Challenging Behavior

Children showed statistically significant improvement in their social and emotional skills after the mental health consultations took place.

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**SAVE THE DATE:
First 5 Marin's Policy Breakfast**

Friday, December 3rd, 2021



**We can't wait to see you in person at
the Embassy Suites in San Rafael!**