

Newsletter:
February 2023



FIRST 5 MARIN
Learn. Grow. Thrive.

Spotlight:

Job Posting: Executive Director of First 5 Marin + February Marin Communications Forum: Participatory Budgeting



MARIN

COMMUNICATIONS FORUM:

Feb. 24th: Participatory Budgeting

(9 am to noon at the Embassy Suites Hotel in San Rafael-- note the earlier start time! A light breakfast buffet will be available beginning at 8:30 a.m.)

At this forum, the **Marin County Office of Equity** will introduce their new "Participatory Budgeting" ("PB") Initiative. The County is making **\$2,500,000** available and community members will decide how to spend it.

In the PB process, community members propose ideas, turn their ideas into grant proposals (ranging from \$10,000 to \$250,000), and vote on which proposals to fund.

Project ideas can be a community program for public benefit, such as an arts and culture program for youth or a program to promote affordable

homeownership. Ideas could also include "capital" projects-- building, installing, or repairing something for public benefit, such as a community garden or soccer field.

Join us to learn how you can bring your community idea to life!

LEARN MORE about PB in Marin County at: <https://pb.marincounty.org>.

This event is being co-sponsored by the Marin County Office of Equity and First 5 Marin. **TO REGISTER**, send your RSVP to Michelle@First5Marin.org.

SAVE-THE-DATE: Forum on "Community Schools"

"Children thrive when communities support them." Community schools are a partnership of community members and community leaders working together with student success as the goal.

We are planning a full-day conference to learn and share ideas about how Marin students and Marin communities could benefit from community schools. Mark your calendar and plan to join us on **Friday, April 28th** (9 am to 4 pm with breakfast and lunch provided). This is a FREE event.

CAREER OPPORTUNITY!

First 5 Marin is seeking a strategic, forward thinking, and highly collaborative **Executive Director**. The job description is available [HERE](#). *To apply, send a resume and cover letter by February 15th at noon.*

Join us for the next meeting of the First 5 Marin Children and Families Commission Wednesday, February 25th from 5:30 to 7:30 pm at First 5 Marin, 1050 Northgate, Suite 130, in San Rafael. (You may also join the meeting online; for the Zoom link, please email Michelle@First5Marin.org.)

First 5 Things to Read in the News Today!

Take a look at some of the recent articles about important issues related to children and families:



1.What's behind the US's worsening child care crisis? - The Hill

Story at a glance. From 2018 to 2022, the annual economic toll of **child care** in the U.S. rose from \$57 billion to \$122 billion.

2.CDC Updates Vaccination Schedule for Children and Adolescents, Includes COVID-19 Vaccine

The 2023 changes include **vaccines** for influenza, pneumococcal disease, measles, mumps, and rubella (MMR) and COVID-19.

3.Formula milk companies use exploitative tactics to undermine breastfeeding: Lancet series

The papers suggest that industry influence — which includes lobbying against vital **breastfeeding** support measures — seriously jeopardizes the health of infants.

4.Child abuse reports by medical staff linked to children's race, Stanford Medicine study finds

Over-reporting of Black children and under-reporting of white children as suspected abuse victims suggests systemic bias from medical providers, Stanford Medicine research shows.

5.Let Them Eat Cake?: Study Reveals Grandparents Spoil Grandchildren with Sugar-Loaded Foods and Drinks

Overindulging with sweets at a young age increases the risk of oral and overall health issues.

(February is National Children's Dental Health Month)

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**POSITIVE
Parenting in**

2023!



Please share these
parenting resources from
First 5 California:

*ENGLISH

*SPANISH

AND see the "California Parent Guide"