

First 5 Marin's Newsletter: June 2023



FIRST 5 MARIN

Learn. Grow. Thrive.

June Spotlight: **Summer Learning Backpacks & Books!**



Commissioner Emeritus--
AND Interim Executive

Director-- **Dave Bonfilio** and incoming Executive Director **Maria Niggle** helped distribute "Summer Learning Backpacks" (sponsored by First 5 Marin) at a community event in The Canal neighborhood of San Rafael on June 9th.

In a partnership with the **Marin County Free Library**, First 5 Marin has joined The Learning Bus at special events all over Marin County in the month of June to distribute 1500 backpacks filled with school and art supplies... and a matching lunchbox.

The events also included bilingual sing-a-longs and stories from **Mariela's Music Time** and distribution of hundreds of books sponsored by **Friends of the Marin County Free Library**.

All the kids have been truly delighted with the colorful backpacks, and each day has been a heartwarming event.

[Two days left! Civic Center Farmer's Market on Thursday 6/22 at 9:30 am and Bolinas/Mesa Road on Friday 6/23 at 2 pm.]

Join us for the next meeting of the First 5 Marin Children and Families Commission Wednesday, June 21st from 5:30 to 7:30 pm at First 5 Marin, 1050 Northgate, Suite 130, in San Rafael. Email Beatriz@First5Marin.org for more information.

First 5 Things to Read in the News Today!

Take a look at some of the recent articles about important issues related to children and families:

[NBC Bay Area:](#)

Tips for parents whose kids are affected by adverse experiences

Nearly 2 million children in California are affected by adverse childhood experiences like abuse or neglect, and First Five California is now launching a campaign to raise awareness about the issue. First Five's director has some tips for parents.

[New York Post:](#)

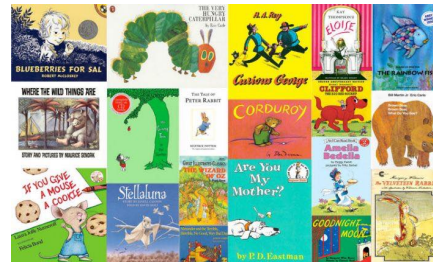
Shocking CDC statistics reveal extent of mental health crisis among children in US

Dismal numbers released Tuesday by the CDC's National Center for Health Statistics indicate 15 percent of America's children aged five to 17 recently received treatment for mental health conditions in 2021, raising concerns about the depth of the country's ever-expanding mental health crisis

[CNN:](#)

To help tackle US maternal health crisis, more states extend Medicaid postpartum coverage

Texas has joined a growing number of states extending the period in which new moms can qualify for Medicaid insurance after giving birth, offering coverage beyond the required 60 days postpartum to 12 months. On Friday, Texas Gov. Greg Abbott signed into law



House Bill 12, which extends the duration of Medicaid coverage provided postpartum to a full year in that state, according to the office of Republican state Sen. Lois Kolkhorst, sponsor of the bill.

[Business Insider:](#)

Parents are struggling at work or quitting altogether because of the childcare crisis. This map shows how bad it is for families in every state.

America's wildly expensive childcare is forcing parents to either leave jobs behind or turn down potential new opportunities as they contend with sky-high costs.

[CNN:](#)

Parents should take children's stomach pain more seriously, poll suggests

One in six parents say their child complains of tummy aches at least once a month, according to a national poll by C.S. Mott Children's Hospital at University of Michigan Health. While 1 in 3 parents surveyed are confident that they can identify whether the belly pain is serious, parents do not always seek professional advice when these complaints become regular.

***** FOLLOW [First 5 Marin](#) on Facebook! [CLICK HERE.](#)**

***** FOLLOW the Marin Communications Forum [HERE!](#)**



DOLORES HUERTA!

We hope you got to join the Marin Communications Forum on June 1st to celebrate Immigrant Heritage Month. The legendary civil rights activist and community organizer, Dolores Huerta, spoke via Zoom and had

the entire room on their feet chanting along-- ***!Sí se puede!***

We also heard from local non-profits and community-based organizations about the programs they offer to the immigrant community. We were also able to recognize several people who provide exemplary service to immigrants in Marin County-- **THANK YOU!**

The link to a full video of the "Celebrating Immigrants" forum is [HERE](#).

(Dolores Huerta comes on about 2:20.)

ALSO--

Check out these parenting resources from First 5 California:

***ENGLISH**

***SPANISH**