

First 5 Marin's Newsletter: May 2023



FIRST 5 MARIN

Learn. Grow. Thrive.

Forum Spotlight: "Celebrating Immigrants in Marin" with Keynote Speaker Dolores Huerta

First 5 Marin is excited to announce that **Dolores Huerta**, President and Founder of the Dolores Huerta Foundation, will be the keynote speaker at the next **Marin Communications Forum** at the Embassy Suites Hotel in San Rafael on June 1st.

Dolores Huerta is a legendary civil rights activist and community organizer. We are honored to have her join us as we celebrate the contributions of immigrants in Marin County. [[Learn more at www.DoloresHuerta.org.](http://www.DoloresHuerta.org)]

The keynote address will conclude our program which also includes:

- **Key organizations serving the immigrant community**
- **Personal immigrant stories from several Marin residents**
- **Table discussions about improving services in Marin**
- **Ten awards/recognitions of immigrants and/or people serving the immigrant community in our county.**

Celebrating Immigrants in Marin
KEYNOTE by Dolores Huerta,
President and Founder, Dolores Huerta Foundation

Free Forum: Thursday, June 1st | 3 - 7 pm
Embassy Suites Hotel | 101 McInnis Parkway in San Rafael
Policy program 3 to 5:30 pm; refreshments & music 5:30 to 7 pm

Join us to learn about programs welcoming and supporting immigrants in Marin—and helping communities thrive! We will also hear some personal immigrant stories, and recognize some special immigrants and people serving our immigrant community. (This is a free event sponsored by the Marin County Office of Equity, the Marin Community Foundation, and First 5 Marin Children and Families Commission.)

RSVP to Michelle@First5Marin.org.

This is a FREE event! Organizations may reserve a table for eight with a contribution of \$250 (to help cover event costs). **RSVP** to Michelle@First5Marin.org.

Join us for the next meeting of the First 5 Marin Children and Families Commission Wednesday, May 17th from 5:30 to 7:30 pm at First 5 Marin, 1050 Northgate, Suite 130, in San Rafael. Email Beatriz@First5Marin.org for more information.

First 5 Things to Read in the News Today!

Take a look at some of the recent articles about important issues related to children and families:

[Fortune: Yes, being a working mom is good for your kids. Here's why](#)

Last month as I was preparing for my first work conference since the birth of my daughter I was struck with an immense amount of mom guilt—except this time it was guilt about being a working mom.

[USA Today \(opinion\): 'But you turned out fine!' How parenting changes over generations – and how to handle it.](#)

What's with all the baby monitors, the bottle warmers, the binkies, the sleep sacks, the calm-down machines, the nursing pillows and the wipe warmers. Are they really necessary?

[Bloomberg \(Opinion\): For a Stronger America, Make It Better for the Moms](#)

Women carry most of the country's domestic load, whether they work outside the home or not. And they want your help.

[MarketWatch: As child-care costs outpace inflation, some parents reach breaking](#)



[point: 'That's more than our mortgage'](#)

As child-care costs outpace inflation, some parents reach breaking point: 'That's more than our mortgage.'

[Fortune: Return to the office is shoving moms out of the workforce—again](#)

A lot can change in one year: Princes take over as king, Wordle turns from a national craze to a phase; the beloved Bed Bath & Beyond shifts from coupon-lovers' paradise into dust; and, more seriously, a greater number of moms are staying at home.

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*** FOLLOW the [Marin Communications Forum](#) [HERE!](#)



Newborns need their parents. And parents need this **Kit for New Parents** that includes tips for raising a newborn-- plus the California Parent Guide, "What to Do When Your Child Gets Sick," AND a free bilingual book for you and your child. It's **FREE** and it's yours when you visit [First 5 California](#): <https://bit.ly/3VzN1pg>

ALSO--

**Check out these parenting resources
from First 5 California:**

***ENGLISH**

***SPANISH**